Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Group	Learning Behaviour: Personal	Learning Behaviour: Social	Learning Behaviour: Cognitive	Learning Behaviour: Creative	Learning Behaviour: Applying Physical	Learning Behaviour: Health
FS	Real PE Physical Focus: FUNS 10 Footwork (Co-ordination) & FUNS 1 One Leg Balance (Static Balance) Real Gym Gymnastic Focus: Shape Balance Shape Skill Matrix: - Introduction of Shape - Hand Apparatus - Low Apparatus - Large Apparatus Balance Skill Matrix: - Body Parts/ Points and Patches - Hand Apparatus - Low Apparatus - Partner Work - Large Apparatus - Patches - Hand Apparatus - Low Apparatus - Low Apparatus - Low Apparatus - Large Apparatus	Real PE Physical Focus: FUNS 6 Jumping and Landing (Dynamic Balance to Agility) & FUNS 2 Seated (Static Balance) Real Gym Gymnastic Focus: Travel & Flight Travel Skill Matrix: - Feet Complex - Body Parts/ Points and Patches - Hand Apparatus - Low Apparatus - Partner Work - Large Apparatus Flight Skill Matrix: - Types of Jumps - Named Jumps - Hand Apparatus - Low Apparatus - Low Apparatus - Partner Work - Large Apparatus - Low Apparatus	Real PE Physical Focus: FUNS 5 On a Line (Dynamic Balance) & FUNS 4 Stance (Static Balance) Real Dance Dance Focus: Solo Shapes, Partnering Shapes & Artistry/ Musicality Themes: - Moving From a Painting - Nature Freeze Frames	Real PE Physical Focus: FUNS 9 Ball skills (Co-ordination) & FUNS 7 Counterbalance with a partner (Static Balance) Real Dance Dance Focus: Circles Solo, Partnering Circles & Artistry (Routines) Themes: - Books and Stories - Moving From a Painting (Revisited) - Working with a Chosen Theme	Real PE Physical Focus: FUNS 8 Sending and Receiving (Coordination) & FUNS 12 Reaction/ Response (Agility) Real Gym Gymnastic Focus: Rotation Skill Matrix: - Rolls - Body Parts/ Points and Patches - Hand Apparatus - Low Apparatus - Partner Work - Large Apparatus	Real PE Physical Focus: FUNS 11 Ball Chasing (Agility) & Funs 3 Floor Work (Static Balance) Real Gym Gymnastic Focus: Fusion Skills incorporating: - Shape - Balance - Travel - Flight - Rotation
1	PE Northampton Tennis Coaching Physical/ Tennis Focus: - Week 1: Control - Week 2: Reactions - Week 3: Balance - Week 4: Accuracy	Real PE Physical Focus: FUNS 6 Jumping and Landing (Dynamic Balance to Agility) & FUNS 2 Seated (Static Balance) Real Gym	PE Saints RFC Physical/ Focus: - Ball Skills (Throwing and Catching) - Agility, Balance Coordination - Spatial Awareness	Real PE Physical Focus: FUNS 9 Ball skills (Co-ordination) & FUNS 7 Counterbalance with a partner (Static Balance) Real Dance	Real PE Physical Focus: FUNS 8 Sending and Receiving (Coordination) & FUNS 12 Reaction/ Response (Agility) Real Gym	Real PE Physical Focus: FUNS 11 Ball Chasing (Agility) & Funs 3 Floor Work (Static Balance) Real Gym
	- Week 5: Teamwork and Rallying - Week 6: Scoring	Gymnastic Focus: Travel & Flight Travel Skill Matrix: - Feet Complex - Body Parts/ Points and Patches	RFU Values: - Teamwork - Respect - Enjoyment - Discipline - Sportsmanship	Dance Focus: Circles Solo, Artistry Abstraction & Artistry (Routines)	Gymnastic Focus: Rotation Skill Matrix: - Rolls - Body Parts/ Points and Patches - Hand Apparatus	Gymnastic Focus: Fusion Skills incorporating: - Shape - Balance - Travel - Flight

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	Real Gym	- Hand Apparatus		Themes:	- Low Apparatus	- Rotation
	Gymnastic Focus: Shape	- Low Apparatus	Real Dance	- Working with a Prop	- Partner Work	
	Balance	- Partner Work	Dance Focus: Solo Shapes,	- Moving From a Painting	- Large Apparatus	
	Shape Skill Matrix:	- Large Apparatus	Partnering Shapes & Artistry/	- Working with a Chosen		
	- Introduction of Shape	Flight Skill Matrix:	Musicality	Theme		
	- Hand Apparatus	- Types of Jumps				
	- Low Apparatus	- Named Jumps	Themes:			
	- Partner Work	- Hand Apparatus	- Moving From a Painting			
	- Large Apparatus	- Low Apparatus	- Moving Using Words			
	Balance Skill Matrix:	- Partner Work	Moving Like Insects			
	- Body Parts/ Points and	- Large Apparatus				
	Patches					
	- Hand Apparatus					
	- Low Apparatus					
	- Partner Work					
	- Large Apparatus					
2	PE Northampton Tennis	Real PE	PE Saints RFC	Real PE	Real PE	Real PE
	Coaching	Physical Focus: FUNS 6	Physical/ Focus:	Physical Focus: FUNS 9 Ball	Physical Focus: FUNS 8	Physical Focus: FUNS 11
	Physical/ Tennis Focus:	Jumping and Landing (Dynamic	- Ball Skills (Throwing and	skills (Co-ordination) & FUNS 7	Sending and Receiving (Co-	Ball Chasing (Agility) & Funs
	- Week 1: Control	Balance to Agility) & FUNS 2	Catching)	Counterbalance with a partner	ordination) & FUNS 12	3 Floor Work (Static
	- Week 2: Reactions	Seated (Static Balance)	- Agility, Balance Co-	(Static Balance)	Reaction/Response (Agility)	Balance)
	- Week 3: Balance		ordination	,	, , , , , , , , , , , , , , , , , , , ,	,
	- Week 4: Accuracy	Real Gym	- Spatial Awareness	Real Dance	Real Gym	Real Gym
	- Week 5: Teamwork and	Gymnastic Focus: Travel &	RFU Values:	Dance Focus: Partnering	Gymnastic Focus: Rotation	Gymnastic Focus: Fusion
	Rallying	Flight	- Teamwork	Circles, Artistry Abstraction &	Rotation Skill Matrix:	Skills incorporating:
	- Week 6: Scoring	Travel Skill Matrix:	- Respect	Artistry (Routines)	- Rolls	- Shape
		- Feet Complex	- Enjoyment	, , , , , , , , , , , , , , , , , , , ,	- Body Parts/ Points and	- Balance
	Real Gym	- Body Parts/ Points and	- Discipline	Themes:	Patches	- Travel
	Gymnastic Focus: Shape	Patches	- Sportsmanship	- Using Space as Inspiration	- Hand Apparatus	- Flight
	Balance	- Hand Apparatus	Real Dance	- Moving From a Painting	- Low Apparatus	- Rotation
	Shape Skill Matrix:	- Low Apparatus	Dance Focus: Solo Shapes,	(Revisited)	- Partner Work	
	- Introduction of Shape	- Partner Work	Partnering Shapes & Circles	- Working with Chosen	- Large Apparatus	
	- Hand Apparatus	- Large Apparatus	Solo	Theme	9	
	- Low Apparatus	Flight Skill Matrix:				
	- Partner Work	- Types of Jumps	Themes:			
	- Large Apparatus	- Named Jumps	- Moving From a Painting			
	Balance Skill Matrix:	- Hand Apparatus	- Making Dance from			
	- Body Parts/ Points and	- Low Apparatus	Sporting Actions			
	Patches	- Partner Work	- Inspired by Words			
	- Hand Apparatus	- Large Apparatus	moprica by words			
	- Low Apparatus	Large Apparatus				
	- Partner Work					
	- Pultilei vvoik					

	- Large Apparatus					
3	Real PE Physical Focus: FUNS 10 Footwork (Co-ordination) & FUNS 1 One Leg Balance (Static Balance) Real Gym Gymnastic Focus: Travel Travel Skill Matrix: - Feet Complex - Body Parts/ Points and Patches - Hand Apparatus - Partner Work - Large Apparatus Theme: - Mapping Pathways (Hand Apparatus)	Real PE Physical Focus: FUNS 6 Jumping and Landing (Dynamic Balance to Agility) & FUNS 2 Seated (Static Balance) Real Gym Gymnastic Focus: - Rotation Rotation Skill Matrix: - Rolls - Body Parts/ Points and Patches - Hand Apparatus - Low Apparatus - Partner Work - Large Apparatus Theme: - Rotation Sequences (Partner Work)	PE Saints RFC Physical/ Focus: - Ball Skills (Throwing and Catching) - Agility, Balance Coordination - Spatial Awareness - Tactical Awareness (Decision Making) RFU Values: - Teamwork - Respect - Enjoyment - Discipline - Sportsmanship Real Dance Dance Focus: Solo Shapes, Partnering Shapes & Artistry/ Musicality Themes: - Moving From a Painting - Freeze Frame Dances - Using Large Props for Inspiration	Real PE Physical Focus: FUNS 8 Sending and Receiving (Coordination) & FUNS 7 Counterbalance with a partner (Static Balance) Real Dance Dance Focus: Circles Solo, Artistry Abstraction & Artistry (Routines) Themes: - Wider Curriculum Inspiration (Subject Dependent) - Moving From a Painting (Revisited) - Working with Chosen Theme	Real PE Physical Focus: FUNS 12 Reaction/ Response (Agility) & FUNS 3 Floor Work (Static Balance) Real Gym Gymnastic Focus: Flight Flight Skill Matrix: - Types of Jumps - Named Jumps - Hand Apparatus - Low Apparatus - Partner Work - Large Apparatus Theme: - Flight Sequences (Low Apparatus)	PE Northants County Cricket Physical Focus: FUNS 11 Ball Chasing (Agility) & FUNS 4 Stance (Static Balance) Real Gym Gymnastic Focus: Balance Balance Skill Matrix: - Body Parts/ Points and Patches - Hand Apparatus - Low Apparatus - Partner Work - Large Apparatus Theme: - Climbing Sequences (Low and Large Apparatus)
4	PE Pro Action Martial Arts Physical Focus: - Body Awareness - Physical Fitness - Specific Martial Arts Movements (Hand-eye & Foot-eye co-ordination/Balance) Values: - Self-Awareness - Self-Control - Self-Discipline - Mental Toughness (Growth Mindset)	Real PE Physical Focus: FUNS 6 Jumping and Landing (Dynamic Balance to Agility) & FUNS 2 Seated (Static Balance) Real Gym Gymnastic Focus: - Rotation Rotation Skill Matrix: - Rolls - Body Parts/ Points and Patches - Hand Apparatus	PE Saints RFC Physical/ Focus: - Ball Skills (Throwing and Catching) - Agility, Balance Coordination - Spatial Awareness - Tactical Awareness (Situational Decision Making) RFU Values: - Teamwork - Respect - Enjoyment	Real PE Physical Focus: FUNS 8 Sending and Receiving (Coordination) & FUNS 7 Counterbalance with a partner (Static Balance) Dance (Karen) Dance Curriculum Objectives: To choose and use simple actions in response to a stimulus and perform them independently	Real PE Physical Focus: FUNS 12 Reaction/ Response (Agility) & FUNS 3 Floor Work (Static Balance) Real Gym Gymnastic Focus: Flight Flight Skill Matrix: - Types of Jumps - Named Jumps - Hand Apparatus - Low Apparatus - Partner Work	Real PE Physical Focus: FUNS 11 Ball Chasing (Agility) & FUNS 4 Stance (Static Balance) Real Gym Gymnastic Focus: Travel Travel Skill Matrix: - Feet Complex - Body Parts/ Points and Patches - Hand Apparatus - Low Apparatus

	- Motivational (Self & Others) Real Gym Gymnastic Focus: Balance Balance Skill Matrix: - Body Parts/ Points and Patches - Hand Apparatus - Low Apparatus - Partner Work - Large Apparatus Theme: - Acrobatic Sequences	 Low Apparatus Partner Work Large Apparatus Theme: Rotation Sequences (Hand Apparatus) 	 Discipline Sportsmanship Dance (Karen) Dance Curriculum Objectives: To choose and use simple actions in response to a stimulus and perform them independently To start to use choreographic devices: repetition, unison, and canon to create individual dances and duets To recognise some dance language: actions, shape, starting and ending positions, levels and direction Dance Stimulus: The Romans (History) 	- To start to use choreographic devices: repetition, unison, and cannon to create individual dances and duets - To recognise some dance language: actions, shape, starting and ending positions, levels, and direction Dance Stimulus: Volcanoes (Geography/ History)	- Large Apparatus Theme: - Flight Sequences (With Ropes)	 Partner Work Large Apparatus Theme: Group Sequences (Low and Large Apparatus)
5	Real PE Physical Focus: FUNS 9 Ball Skills (Co-ordination) & FUNS 12 Reaction/ Response (Agility) Dance (Karen) Dance Curriculum Objectives: - To choose actions appropriate to the stimulus and begin to perform the actions with control To understand some choreographic devices: repetition, mirroring, canon and unison to create duets	PE Pro Action Martial Arts Physical Focus: - Body Awareness - Physical Fitness - Specific Martial Arts Movements (Hand-eye & Foot-eye co-ordination/Balance) Values: - Self-Awareness - Self-Control - Self-Discipline - Mental Toughness (Growth Mindset) - Motivational (Self & Others) Dance (Karen) Dance Curriculum Objectives:	Real PE Physical Focus: FUNS 4 Stance (Static Balance) & FUNS 10 Footwork (Agility) Real Gym Gymnastic Skill: Fusion incorporating: - Shape - Balance - Travel - Flight - Rotation Skill Matrix: - Hand Apparatus - Low Apparatus Theme: - Rhythmic Sequences - Bench Sequences	PE Saints RFC Physical/ Focus: - Ball Skills (Throwing and Catching) - Agility, Balance Coordination - Spatial Awareness - Tactical Awareness (Concepts of Attacking & Defending) RFU Values: - Teamwork - Respect - Enjoyment - Discipline - Sportsmanship Real Gym Gymnastic Skill: Fusion incorporating:	Real PE Physical Focus: FUNS 6 Jumping and Landing (Dynamic Balance to Agility) & FUNS 1 One Leg Balance (Static Balance) Dance (Karen) Dance Curriculum Objectives: - To choose and link actions appropriately to the stimulus and perform them with control - To understand choreographic devices: repetition, mirroring, canon and unison to create duets	PE Northants County Cricket Physical Focus: FUNS 8 Sending and Receiving (Coordination) & FUNS 11 Ball Chasing (Agility) Dance (Karan) Dance Curriculum Objectives: To choose and link actions appropriately to the stimulus and perform them with control To understand choreographic devices: repetition, mirroring, canon and unison to create duets

	meaning of some dance language: action, shape, starting and ending positions, levels and direction Dance Stimulus: Space and Beyond (Science)	appropriate to the stimulus and begin to perform the actions with control. To understand some choreographic devices: repetition, mirroring, canon and unison to create duets To understand the meaning of some dance language: action, shape, starting and ending positions, levels and direction Dance Stimulus: Games Consoles (IT- Technology)		- Balance - Travel - Flight - Rotation Skill Matrix: - Partner Work - Large Apparatus Theme: - Acrobatic Sequences - Climbing Sequences	meaning of dance language: action, shape, level, direction and speed in order to evaluate work of self and others Dance Stimulus: Spies (Mathematics/ History)	meaning of dance language: action, shape, level, direction and speed in order to evaluate work of self and others Dance Stimulus: Rainforest (Geography)
6	Real PE Physical Focus: FUNS 9 Ball Skills (Co-ordination) & FUNS 12 Reaction/ Response (Agility) Dance (Karen) Dance Curriculum Objectives: - To choose and link actions appropriate to the stimulus and perform the actions with control., co-ordination and accuracy - To use a range of choreographic devices to create duets/ trio dances - To use dance vocabulary accurately in order to evaluate the work of self and others Dance Stimulus: Recycling (Science/ Geography)	PE Pro Action Martial Arts Physical Focus: - Body Awareness - Physical Fitness - Specific Martial Arts Movements (Hand-eye & Foot-eye co-ordination/Balance) Values: - Self-Awareness - Self-Control - Self-Discipline - Mental Toughness (Growth Mindset) - Motivational (Self & Others) Dance (Karen) Dance Curriculum Objectives: - To choose and link actions appropriate to the stimulus and perform the actions with control., co-ordination and accuracy	Real PE Physical Focus: FUNS 4 Stance (Static Balance) & FUNS 10 Footwork (Agility) Real Gym Gymnastic Skill: Fusion incorporating: - Shape - Balance - Travel - Flight - Rotation Skill Matrix: - Hand Apparatus - Low Apparatus Theme: - Rhythmic Sequences - Bench Sequences	PE Saints RFC Physical/ Focus: - Ball Skills (Throwing and Catching) - Agility, Balance Coordination - Spatial Awareness - Tactical Awareness (Concepts of Attacking & Defending) RFU Values: - Teamwork - Respect - Enjoyment - Discipline - Sportsmanship Real Gym Gymnastic Skill: Fusion incorporating: - Shape - Balance - Travel - Flight - Rotation	Real PE Physical Focus: FUNS 6 Jumping and Landing (Dynamic Balance to Agility) & FUNS 1 One Leg Balance (Static Balance) Dance (Karen) Dance Curriculum Objectives: - To choose action, space and dynamics appropriate to the stimulus and link using simple choreographic devices and perform the actions fluently and accurately - To use dance language confidently and accurately Dance Stimulus: Mission Impossible (Pop Culture)	Real PE Physical Focus: FUNS 8 Sending and Receiving (Coordination) & FUNS 11 Ball Chasing (Agility) Dance (Karen) Dance Curriculum Objectives: - To choose action, space and dynamics appropriate to the stimulus and link using simple choreographic devices and perform the actions fluently and accurately - To use dance language confidently and accurately Dance Stimulus: Cricket (PE- Sporting)

- To use a range of choreographic devices to create duets/ trio dances - To use dance vocabulary accurately in order to evaluate the work of self and others Dance Stimulus: The Empty Chair by Van Gough (Art/ History)	Skill Matrix: - Partner Work - Large Apparatus Theme: - Acrobatic Sequences - Climbing Sequences	
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